Senior Moments

Crafts for Seniors: 52 Fun and Simple Ideas That Inspire

May/ June 2025

Looking for an inventive and enjoyable way to spend your free time? Check out our extensive list of crafts for seniors. It encompasses a wide range of craft activities, from painting and knitting to woodworking and scrapbooking. Whatever your interests or skill level, there are dozens of ways to have fun while keeping your hands occupied and your creativity flourishing.

General Craft Ideas

Are you ready to get crafting? Whether you're looking for projects that use paper, glass, wood, flowers, or beads, you're sure to be inspired by this list. Check out these simple craft ideas for older adults:

Suncatchers: Make your home sparkle by crafting a suncatcher to hang in your window. You can create a lightweight suncatcher out of mason jar lids and coloring sheets or go a little heavier and use glass stones. You can even create one using melted beads.

Scrap-fabric magnets: Want a cute way to use up those old bits of fabric? Add a bit of felt and turn them into adorable ladybug magnets.

Clay jewelry charms: Create some one-of-a-kind jewelry pieces by shaping your own unique charms out of polymer clay. Adding a toggle clasp to your necklace will make it easier to put on and take off.

Pressed flowers: Gather some flowers and arrange them creatively between two sheets of wax paper. Place a heavy book on top to weigh the flowers down and let it sit overnight. Once the flowers are totally flat, you can laminate them or use them to decorate greeting cards, bookmarks, coasters, photo frames, and more.

Beaded bracelets: Using safety pins and brightly colored beads, you can create some customized bling and wear it with pride.

Wind chimes: Wind chimes can be a colorful and charming addition to a garden. How about a simple design that uses clay pots with pre-existing holes?

Paper flowers: Brighten up any room with flowers that you make yourself. You can create beautiful blooms out of tissue paper or coffee filters.

Greeting cards: Homemade cards are a great way to let loved ones know you're thinking about them. You can use paper, stickers, fabric, ribbons, and many other materials to make fun and creative cards for any occasion, such as Christmas, birthdays, or Easter.

Sewing, Knitting, and Crocheting Crafts

Needlecrafts like knitting and crocheting are some of the most popular activities among older adults. That's partly because they require minimal equipment and can often be done from the comfort of an armchair. You can enjoy these types of activities well into your golden years. Here are a few ideas for fun needlecraft projects:

Book cover: Protect your favorite tomes and add a little beauty to your shelves by sewing a colorful book cover. A sewing machine makes the work go quicker, but you can also stitch your book cover by hand.

Heating bag: Using fabric and some rice, you can create microwaveable heating bags to help soothe your aches and pains. You can even add essential oils for some aromatherapy.

Throw pillows: Add a splash of color to your sofa with some easy-to-make throw pillows. For more of a challenge, try adding some decorative trim like tassels or lace.

Pillowcase: Change the look of a bedroom by sewing a pillowcase to accessorize any decor.

Dish cloth: Knitted dish cloths are super useful and make great gifts. Plus, they're simple enough that they can often be finished in a single sitting.

Coffee cozy: Avoid burns by knitting or crocheting a soft wool cover to put around a warm mug.

Memory quilt: Here's a fantastic way to repurpose old materials: Create a personalized memory quilt from old shirts, baby blankets, a wedding dress, or even a military uniform.

Painting and Coloring Crafts

Many seniors enjoy expressing themselves with markers and paintbrushes. Focusing on patterns and colors calms the mind and allows the brain to take a break from daily worries. In fact, some research suggests that coloring can have the same soothing effect on the body as meditation. With that in mind, check out these examples of painting and coloring projects for seniors:

Coloring books for older adults: Coloring is not just for kids! Adult coloring books are an increasingly popular way for seniors to relax, relieve stress, and create something beautiful. Large-print coloring books for adults with low vision are also available.

Geometric tape painting: Use painter's tape on a piece of canvas to mark geometric lines in a

Continued on Page 2

Inside this issue

Crafts for Seniors	1
Continued: Crafts for Seniors	2
Veterans News	3
Calendars	4,7
Menus	5,6
Medicare Scam	8
Comic Strips	9
Transportation Costs	9
Fixed Route Schedule	10
Bend Schedule	11

pattern, paint between the tape lines, then remove the tape. This can be a great way for seniors with unsteady hands to produce a painting with nice smooth edges.
Painted rocks: Your imagination is the only limit when it comes to painting rocks. You can turn rocks into ladybugs, garden markers, and a lot more.
Painted mirrors: If you've got an old mirror with a frame that has seen better days, try giving it new life with some spray paint.
Terracotta pots: Add a little pizzazz to ordinary garden pots. You can paint them freehand or use a stencil to add details like hearts, leaves, or stars.
Pine cones: Painted pine cones can make a gorgeous addition to any centerpiece.
Watercolor luminaries: Want a colorful way to light up your porch or patio? With a bit of paint, some coffee filters, and a mason jar, you can create a beautiful luminary.

Photo Crafts

Incorporating photos into crafts is the ultimate way to personalize a project. Many seniors enjoy taking pictures, and some have boxes of photos gathering dust in a closet somewhere that could be put to good use. If you have digital photos on a memory card, smartphone, or computer, you can print them out yourself or have them printed fairly inexpensively at places like Costco or Walmart. Photo crafts make extremely good gifts because they are so personal. Consider these ideas:
Scrapbook: Making a scrapbook is an excellent way to preserve memories. Set your creativity loose and use papers, ribbons, stickers, and other embellishments to decorate your pages.
Collage board: Create a unique wall hanging by arranging a bunch of your favorite photos in an overlapping pattern and adhering them to wood, canvas, or corkboard.
Photo magnets: Turn your fridge into a photo gallery! With adhesive magnetic sheets, it's easy to create magnets out of photos of any size.
Photo cube: Photo cubes are a fun way to display a bunch of photos in a small area, and they make great conversation pieces. It's best to choose photos that will work well as squares.
Photo coasters: Want a practical way to show off some of your favorite prints? Stick them on coasters and put them out for your next social gathering.
Photo-covered flower pot: Bring a personal touch to an ordinary flower pot. You can let the photos speak for themselves or add other details like a meaningful phrase or saying.

Christmas Crafts for Seniors

Crafting is one of the best ways to show your holiday spirit and add a festive touch to your surroundings. Try your hand at one of these Christmas crafts for seniors:
Pumpkin seed poinsettia: Use pumpkin seeds, glue, and spray paint to create a classic Christmas flower that can be hung on a tree or worn as a brooch.
Sock snowman: An adorable snowman is simple to put together with supplies you probably have lying around the house. You can make it even simpler by using elastic bands instead of string.
Craft-stick snowflakes: You've probably heard that no two snowflakes are alike. Use your imagination to create a unique snowflake design out of wooden craft sticks.
Cupcake liner tree ornament: With a bit of folding and gluing, festive cupcake liners can easily become a hanging Christmas tree. Painted coffee filters would also work for this craft. Tea light snowmen: Battery-operated tea lights can become charming snowmen ornaments in a few simple steps. Bow wreath: Add some holiday cheer to your front door with a creative wreath made of gift bows.

Other Holiday Crafts

From Halloween and Thanksgiving to Valentine's Day and Easter, special occasions deserve special craft ideas. Have a look at these examples:
Fall leaf candleholders: Scoop up some of those beautiful fall leaves, pick up a couple glass jars, and create glass candleholders for your Thanksgiving centerpiece.
Paper plate holder jack-o'-lantern: Spray paint and felt is all it takes to turn a woven paper plate holder into a classic Halloween character. You can use it on your table or hang it on a wall.
Pom-pom pumpkins: Celebrate the fall by creating these funky pumpkins out of yarn and a few embellishments.
Heart felt ornament: If you're good with a needle and thread, try recycling some old wool sweaters into these simple embroidered heart ornaments.
Easter egg spoon planter: Plastic spoons make great Easter eggs. Paint them in your favorite patterns and glue them around a plastic container for a pretty spring planter.
Easter egg button craft: Here's a creative (and cute) way to use all those old buttons: Glue them into the shape of an Easter egg and frame the result.

Easy Crafts to Do With Grandchildren

Making crafts is an excellent way to bring the generations together. Here are some simple projects that you can create with young ones:
Stick bracelets: Wooden craft sticks can make fantastic bracelets, but this craft does require a bit of prep work: You need to boil the sticks, shape them, and let them dry overnight before you can decorate them.
Tissue paper stained glass: With a simple kit, you and the young ones can make beautiful stained-glass designs using only tissue paper and glue. Another option is to create the templates yourself out of black cardstock.
Terrarium: Create a decorative garden in a glass container. For extra fun, let the kids add plastic dinosaurs, gnomes, or fairies.
Picture frame: There are countless ways to decorate wooden picture frames. Experiment with buttons, beads, ribbons, paint, stickers, or glitter. When your creation is complete, add a photo of you and the kids as a memento of your time together.
Coffee can drum: Old coffee cans make natural musical instruments. You can help your grandkids decorate the drums with paper, paint, stickers, foam, or whatever else you have on hand. If you don't have lids, balloons stretched across the top of the can will also work.
Sailboat: It's super easy to create sailboats out of plastic trays, wooden sticks, and paper. Encourage the kids to be creative when decorating their flags. Then try racing them in a local stream!
Finger puppets: These can be as much fun to play with as they are to make. You can create cute designs out of paper, felt, or even rubber gloves.

Get Crafty

Any age is a good age for crafting. With inexpensive supplies and a little imagination, you can de-stress, have fun, and be proud of what you create. So, go ahead and get started!

Veterans News

Memorial Day, in the United States, holiday (last Monday in May) honoring those who have died in the nation's wars. It originated during the American Civil War when citizens placed flowers on the graves of those who had been killed in battle. More than a half dozen places have claimed to be the birthplace of the holiday. In October 1864, for instance, three women in Boalsburg, Pennsylvania, are said to have decorated the graves of loved ones who died during the Civil War; they then returned in July 1865 accompanied by many of their fellow citizens for a more general commemoration. A large observance, primarily involving African Americans, took place in May 1865 in Charleston, South Carolina. Columbus, Mississippi, held a formal observance for both Union and Confederate dead in 1866. By congressional proclamation in 1866, Waterloo, New York, was cited as the birthplace, also in 1866, of the observance. In 1868 John A. Logan, the commander in chief of the Grand Army of the Republic, an organization of Union veterans, promoted a national holiday on May 30 "for the purpose of strewing with flowers or otherwise decorating the graves of comrades who died in defense of their country during the late rebellion."

Memorial Day: Arlington National Cemetery U.S. soldiers placing flags at graves in Arlington National Cemetery, Virginia, for Memorial Day, 2019.

After World War I, as the day came to be observed in honor of those who had died in all U.S. wars, its name changed from Decoration Day to Memorial Day. Since 1971 Memorial Day has been observed on the last Monday in May. A number of Southern states also observe a separate day to honor the Confederate dead. Memorial Day is observed with the laying of a wreath at the Tomb of the Unknowns in Arlington National Cemetery in Arlington, Virginia, and by religious services, parades, and speeches nationwide. Flags, insignia, and flowers are placed on the graves of veterans in local cemeteries. The day has also come to signal the beginning of summer in the United States.

If you have any further questions, please contact Brian Needham at the Harney HUB Veteran outreach office. Office hours are Monday through Thursday 8:00AM to 4:30PM. Office phone number is 541-573-1342.

May 2025

Military Appreciation Month
Jewish American Heritage Month

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Tai Chi 9:30am Fresh Alliance 10-10:30am Intro to Tai Chi 10:30am Senior Meals 11:30am-1pm Bingo 2:30-4pm	**2**	**3**
4	**5** Cinco de Mayo Buddha Day Preorder Grab & Go Meals 541-413-2280 Fresh Alliance 10-10:30am	**6** Tai Chi 9:30am Intro to Tai Chi 10:30am Senior Meals 11:30am-1pm	**7** Miracle Ear Preorder Grab & Go Meals 541-413-2280 Food Bank 10am-1pm	**8** Tai Chi 9:30am Fresh Alliance 10-10:30am Intro to Tai Chi 10:30am Senior Meals 11:30am-1pm Bingo 2:30-4pm	**9** Military Spouse Appreciation Day	**10**
11 Mother's Day Fiddlers 11am-5pm	**12** Preorder Grab & Go Meals 541-413-2280 Fresh Alliance 10-10:30am	**13** Tai Chi 9:30am Intro to Tai Chi 10:30am Medicare 10am-12pm Senior Meals 11:30am-1pm	**14** Miracle Ear Preorder Grab & Go Meals 541-413-2280 Food Bank 10am-1pm	**15** Tai Chi 9:30am Fresh Alliance 10-10:30am Intro to Tai Chi 10:30am Senior Meals 11:30am-1pm Bingo 2:30-4pm	**16** Lag BaOmer	**17**
18	**19** Preorder Grab & Go Meals 541-413-2280 Fresh Alliance 10-10:30am	**20** Tai Chi 9:30am Intro to Tai Chi 10:30am Medicare 10am-12pm Senior Meals 11:30am-1pm	**21** Miracle Ear Preorder Grab & Go Meals 541-413-2280 Food Bank 10am-1pm	**22** Harvey Milk Day Tai Chi 9:30am Fresh Alliance 10-10:30am Intro to Tai Chi 10:30am Senior Meals 11:30am-1pm Bingo 2:30-4pm	**23**	**24**
25	**26** CLOSED Memorial Day	**27** Tai Chi 9:30am Intro to Tai Chi 10:30am Medicare 10am-12pm Senior Meals 11:30am-1pm	**28** Miracle Ear Preorder Grab & Go Meals 541-413-2280 Food Bank 10am-1pm	**29** Tai Chi 9:30am Fresh Alliance 10-10:30am Intro to Tai Chi 10:30am Senior Meals 11:30am-1pm Bingo 2:30-4pm	**30**	**31**

May 2025

Dining Hours: 11:30am-1pm Senior Meals: suggested $5 59 and under meals: Must pay $10 Tuesday– Salad Prices: $6 small, $10 large Thursday– Soup Prices: $4 cup, $6 bowl Drinks: $1	**May 1, 2025** Sponsor: Dorothy Dulaney Sponsor: Christian Church of Burns Sweet & Sour Meatballs Rice & Broccoli Chocolate Cake Soup: Broccoli Soup
May 6, 2025 Sponsor: Ken Thomas Real Estate LLC Sponsor: First Community Credit Union Taco Casserole Refried Beans & Street Corn Churro Bars Salad: Taco Salad	**May 8,2025** Sponsor: Crane Hot Springs Mother's Day Lunch Chicken Alfredo Steamed Asparagus & Cheesy Garlic Sticks Strawberry Shortcake Soup: Tomato Basil
May 13, 2025 Sponsor: Phil & Barb Turrell Pizza & Salad Lemon Poppy Seed Cake Salad: Grilled Chicken Salad	**May 15, 2025** Sponsor: Campbell Sponsor: Zelley Lamp Chops, Roasted Potatoes & Cauliflower Cinnamon Sugar Blondies Soup: Loaded Potato Soup
May 20, 2025 Sponsor: Jon Zieber Sponsor: Anonymous Ham & Cheese Lasagna Rolls & Peas Cherry Cobbler Salad: Chef Salad	**May 22, 2025** Sponsor: Ed Staub & Sons Smothered Pork Chops Rice & Vegetable Medley Rice Crispy Treats Soup: Chili w/ Cornbread
May 27, 2025 Sponsor: Big R Spaghetti Garlic Sticks & Green Beans Chocolate Chip Cookies Salad: Chicken Bacon Avocado	**May 29, 2025** Sponsor: Harney Electric Cooperative Chicken Parmesan Rolls & Salad Peach Cobbler Soup: Lasagna Soup

Menu subject to change

June 2025

Dining Hours: 11:30am-1pm Senior Meals: suggested $5 59 and under meals: Must pay $10 Tuesday– Salad Prices: $6 small, $10 large Thursday– Soup Prices: $4 cup, $6 bowl Drinks: $1	**Kitchen 541-413-2280** Back door meals are available! Call 541-413-2280 to order. Order by noon the day before meal days! Drive up to back door on meal day and have your order delivered to your car!
June 3, 2025	**June 5, 2025**
Sponsor: Dorothy Dulaney Sponsor: First Community Credit Union Reuben Bake Carrots & Salad Orange Fluff Salad: Italian Sub Salad	Sponsor: IMO Ross Gruenwald Creamy Italian Sausage Pasta, Rolls, Pea Salad Strawberry Rhubarb Crisp Soup: Taco Soup
June 10, 2025	**June 12, 2025**
Sponsor: Les Schwab Pulled Pork Sandwich, Baked Beans & Coleslaw Brownies Salad: Crispy Chicken Salad	Sponsor: Jett Blackburn Real Estate Inc Father's Day Lunch Smoked Beef Roast, Mashed Potatoes w/Gravy Broccoli Salad & Rolls Banana Split Cake Soup: Beef & Barley
June 17, 2025	**June 19, 2025**
Sponsor: Harney County Veterinary Clinic Meatloaf, Garlic Mashed Potatoes & Salad Coconut Cream Lush Salad: Taco Salad	CLOSED
June 24, 2025	**June 26, 2025**
Sponsor: Harney County Home Health & Hospice Chicken Fajita Black Beans & Spanish Rice Pineapple Upside Down Cake Salad: Loaded House Salad	Sponsor: Ken & Polly Post Salisbury Steak w/ Mushroom Gravy Mashed Potatoes & Vegetable Medley Chocolate Chip Cookies Soup: Cream of Mushroom Soup

Menu subject to change

June 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Shavuot	**2** Preorder Grab & Go Meals 541-413-2280 Fresh Alliance 10-10:30am	**3** Tai Chi 9:30am Intro to Tai Chi 10:30am Senior Meals 11:30am-1pm	**4** Miracle Ear Preorder Grab & Go Meals 541-413-2280 Food Bank 10am-1pm	**5** Tai Chi 9:30am Fresh Alliance 10-10:30am Intro to Tai Chi 10:30am Senior Meals 11:30am-1pm Bingo 2:30-4pm	**6** Tabaski Day Sacrifice Feast Eve	**7**
8 Fiddlers 11am-5pm	**9** Preorder Grab & Go Meals 541-413-2280 Fresh Alliance 10-10:30am	**10** Tai Chi 9:30am Intro to Tai Chi 10:30am Medicare 10am-12pm Senior Meals 11:30am-1pm	**11** Sant Guru Kabir Jayanti Miracle Ear Preorder Grab & Go Meals 541-413-2280 Food Bank 10am-1pm	**12** Tai Chi 9:30am Fresh Alliance 10-10:30am Intro to Tai Chi 10:30am Senior Meals 11:30am-1pm Bingo 2:30-4pm	**13**	**14** Flag Day
15 Father's Day Trinity Sunday	**16** Preorder Grab & Go Meals 541-413-2280 Fresh Alliance 10-10:30am	**17** Tai Chi 9:30am Intro to Tai Chi 10:30am Medicare 10am-12pm Senior Meals 11:30am-1pm	**18** Miracle Ear Preorder Grab & Go Meals 541-413-2280	**19** CLOSED Juneteenth	**20**	**21**
22	**23** Preorder Grab & Go Meals 541-413-2280 Fresh Alliance 10-10:30am	**24** St. Johns Day Tai Chi 9:30am Intro to Tai Chi 10:30am Medicare 10am-12pm Senior Meals 11:30am-1pm	**25** Miracle Ear Preorder Grab & Go Meals 541-413-2280	**26** Tai Chi 9:30am Fresh Alliance 10-10:30am Intro to Tai Chi 10:30am Senior Meals 11:30am-1pm Bingo 2:30-4pm	**27**	**28**
29 Feast Day of Saints Peter and Paul	**30** Preorder Grab & Go Meals 541-413-2280 Fresh Alliance 10-10:30am					

African American Appreciation Month

Report potential COVID-19 fraud, errors, or abuse if:

Scams related to the coronavirus, also known as COVID-19, are rapidly increasing as the public health emergency develops. Scammers are targeting older adults and those with serious long-term health conditions who appear to have a higher risk for serious illness from COVID-19. Fraudsters are attempting to bill Medicare for sham tests or treatments related to the coronavirus and are targeting individuals to illegally obtain money or Medicare numbers. Scammers rapidly alter their tactics and adapt their schemes to the changing landscape, and we anticipate that they will leverage the COVID-19 vaccine to prey on unsuspecting beneficiaries. Be vigilant and protect yourself from potential fraud concerning COVID-19 vaccines and treatments.

COVID-19 Vaccine Schemes

- You will not need to pay anything out-of-pocket to get the vaccine during this public health emergency.
- Medicare will not contact you to confirm your Medicare number/personal information over the phone.
- Medicare has not issued a COVID-19 Medicare card and anyone contacting you about this is attempting to steal your information.
- No one from a vaccine distribution site or health care payer, like a private insurance company, will call you asking for your Medicare number, Social Security number, or your credit card or bank account information to sign you up to get the vaccine.
- You cannot buy a vaccine card, make your own, or fill in blank vaccination record cards with false information. It is considered an unauthorized use of an official government agency's logo/ seal. This is a crime.

COVID-19 Testing Schemes

- Be cautious of any COVID-19 testing site that requires your financial or medical information in order to receive a free test.
- Be mindful of advertisements for COVID-19 testing or treatments on social media platforms. If you make an appointment for a COVID-19 test online, make sure the location is an approved testing site. We encourage the public to check official government websites for a list of approved COVID-19 testing sites.
- Be careful! Scammers are selling fake and unauthorized at-home COVID-19 test kits in exchange for your personal or medical information. Make sure to purchase FDA approved COVID-19 test kits from legitimate providers.

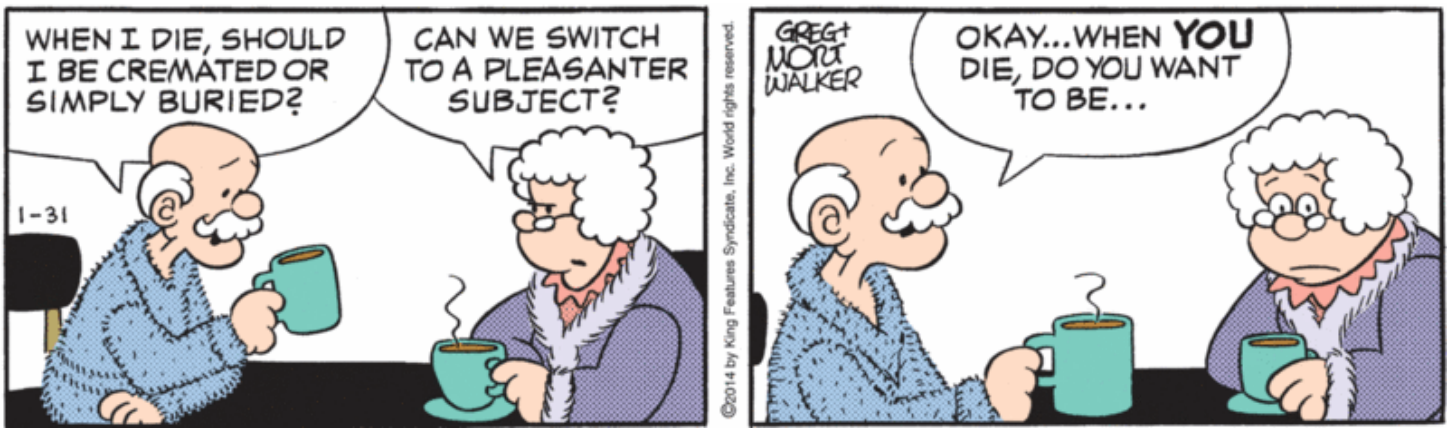
What Does Medicare Cover in Relation to COVID-19?

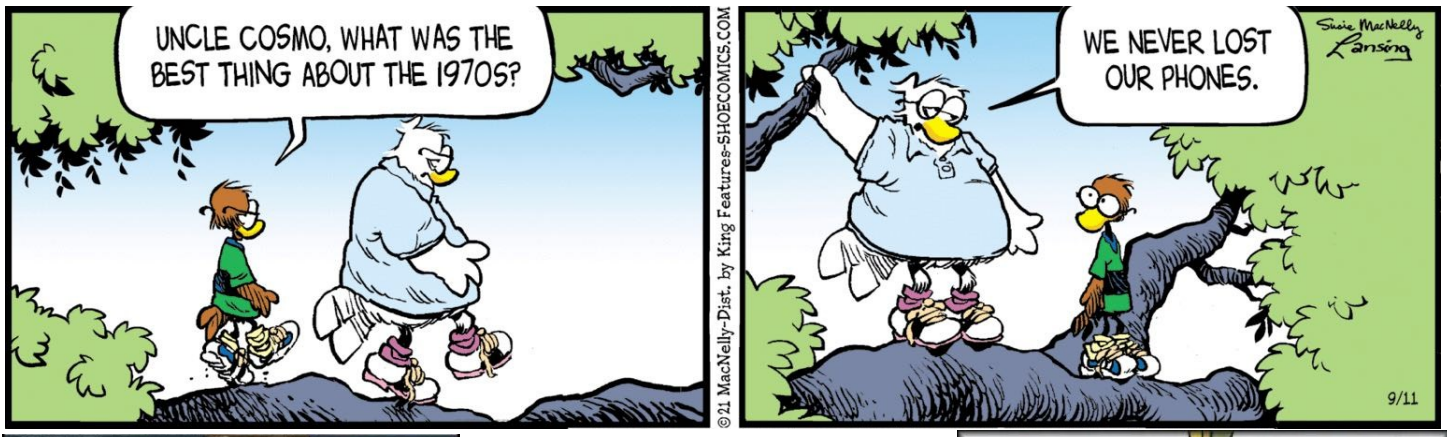
- Medicare Part B (Medical Insurance) covers COVID-19 tests when ordered by your doctor or health care provider on or after February 4, 2020.
- The administration of the COVID-19 vaccine will be billed through Original Medicare, even if you are on a Medicare Advantage plan. The vaccine is free to everyone.
- Medicare covers all medically necessary hospitalizations, including extra days in the hospital for patients who had to stay longer under COVID-19 quarantine.
- Medicare also expanded coverage of telehealth services to enable beneficiaries to access a wider range of services from their providers without having to travel to a facility. This includes access to doctors, nurse practitioners, clinical psychologists, and licensed clinical social workers. During this emergency, there are also more options for the ways your providers can talk with you under this provision.

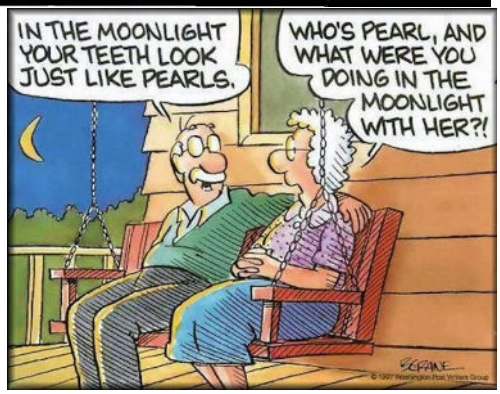
What Can You Do to Stop COVID-19 Fraud?

- Do not give out your Medicare number to anyone other than your doctor, health care provider, or other trusted representative.
- Protect your Medicare number and treat your Medicare card like a credit card. Never provide your Medicare number to anyone who contacts you through unsolicited calls, texts, or emails.
- Be cautious of anyone who comes to your door offering free coronavirus testing, treatment, or supplies.
- Don't click on links from sources you don't know, which could put your computer or device at risk. Make sure the anti-malware and anti-virus software on your computer are up to date.
- Don't post on social media that you are getting tested for or receiving a vaccination for COVID-19. Posting content that includes your date of birth, health care details, or other personally identifiable information can put you at risk as these details can be used to steal your identity.
- Be cautious when purchasing medical supplies from unverified sources, including online advertisements and email/phone solicitations.
- Be cautious of COVID-19 survey scams that offer money or gifts in exchange for personal, medical, or financial information.
- Do your homework before making a donation to a charity or crowdfunding site due to a public health emergency. Be particularly wary of any charities requesting donations by cash, by gift card, or wire transfer.

How Your Senior Medicare Patrol (SMP) Can Help? Your local SMP is ready to provide you with the information you need to PROTECT yourself from Medicare fraud, errors, and abuse; DETECT potential fraud, errors, and abuse; and REPORT your concerns. SMPs and their trained volunteers help educate and empower Medicare beneficiaries in the fight against health care fraud. Your SMP can help you with your questions, concerns, or complaints about potential fraud and abuse issues. It also can provide information and educational presentations. To locate your state Senior Medicare Patrol (SMP): Visit www.smpresource.org or call 1-877-808-2468. Supported by a grant (No. 90MPRC0001) from the Administration for Community Living (ACL), U.S. Department of Health and Human Services (DHHS).







Harney Hub Transit: What Does It Cost?

Deviated Fixed Route: **FREE** for all riders since 2018.

Harney Hub Transit cards:
25 rides for $20!!

Thanks to a special grant, there will be **no charge** for students, ages 13-19 to ride our buses.

Curbside Service: six days a week-

0-10 mi. $1.00 per stop is **required.**

11-20 mi. $5.00 one way upon availability

21-35 mi. $10.00 one way upon availability

36+ mi. $20.00 plus $.505 per each additional mile one way upon availability.

SCHEDULED BEND TRIP:

Fixed Route: Free

SPECIAL TRIP upon Availability:

John Day $55.36 Round Trip

Bend or Ontario $115.96 Round Trip

Extra Rider on Brokered Trip:

John Day $25

Bend or Ontario $35

See our Fixed Route schedule on the next page. Larger print brochures are available at the Front Desk or Harney Hub Transit.

HARNEY HUB TRANSIT 541.573.3030

WEST BOUND ROUTE

	H Hub 17 S Alder Ave	Fresh Start 195 N Broadway	Triangle Park East	Paiute Upper	Paiute Lower	Library 80 W "D" St	Marylhurst Apts Alvord + A St. (North side)	Safeway Madison + Buena Vista (South side)	Symmetry Care Diamond + Adams	Health Dept. Washington + Fairview	Veteran's Village	Human Services Monroe + Jackson	Glory Days 960 Oregon Ave	BHS/Pool 1000 Oregon Ave	Apple Peddler 540 Hwy 20	BareBones 306 N Hwy 20	Hines Park SW Circle Drive
A	7:00	7:02	7:05	----	----	7:06	7:07	7:10	7:12	7:13	7:15	7:16	7:18	7:20	7:22	7:24	7:26
A&S	8:00	8:02	8:05	----	----	8:06	8:07	8:09	8:11	8:13	8:14	8:16	8:18	8:20	8:22	8:24	8:26
A&S	9:00	9:02	9:05	----	----	9:06	9:07	9:10	9:12	9:13	9:14	9:16	9:18	9:20	9:22	9:24	9:26
A	10:10	10:12	10:15	----	----	10:16	10:17	10:20	10:22	10:23	10:26	10:27	10:28	10:30	10:32	10:34	10:36
S	10:10	10:12	10:14	10:21	10:26	10:29	10:33	10:35	10:37	10:39	10:40	10:41	10:43	10:45	10:48	10:50	10:52
A	11:05	11:07	11:08	----	----	11:09	11:10	11:12	11:14	11:16	11:17	11:18	11:19	11:20	11:22	11:24	11:26
A	12:00	12:02	12:05	----	----	12:06	12:07	12:10	12:12	12:13	12:16	12:16	12:18	12:20	12:22	12:24	12:26
S	12:30	12:32	12:34	----	----	12:36	12:38	12:40	12:42	12:45	12:46	12:47	12:48	12:50	12:52	12:56	12:58
A	13:00	13:02	13:05	----	----	13:06	13:07	13:10	13:12	13:13	13:16	13:18	13:20	13:24	13:26	13:27	13:28
S	13:30	13:32	13:34	----	----	13:36	13:38	13:40	13:42	13:46	13:48	13:50	13:52	13:54	13:56	13:58	14:00
A	14:00	14:02	14:05	----	----	14:06	14:07	14:10	14:12	14:13	14:16	14:18	14:20	14:24	14:26	14:27	14:28
S	15:00	15:02	15:04	15:10	15:15	15:18	15:20	15:22	15:24	15:26	15:28	15:30	15:32	15:34	15:36	15:38	15:39
S	16:10	16:12	16:14	----	----	16:15	16:17	16:19	16:21	16:23	16:25	16:27	16:29	16:31	16:33	16:34	16:35
A	15:00	15:02	15:04	15:10	15:15	15:19	15:21	15:24	15:26	15:27	15:30	15:32	15:34	15:36	15:38	15:39	15:40
A	16:30	16:32	16:35	16:41	16:46	16:50	16:51	16:54	16:56	16:58	16:59	17:00	17:04	17:06	17:08	17:09	17:10
A	18:10	18:12	18:14	----	----	18:15	18:16	18:18	18:20	18:22	18:24	18:26	18:28	18:30	18:32	18:34	18:35

Route Schedule Legend

- **A:** Regular Route
- **S:** Saturday Route
- **A&S:** Regular and Saturday Route

EAST BOUND ROUTE

	Hines Gazebo	BareBones 306 N Hwy 20	Aspen Grove 611 Tennyson Ave.	Secure Self Storage 190 Roe Davis Ave	McDonalsd's 641 Hwy 20	Dollar General 1075 Oregon Ave	Quail Ridge 1314 W Pierce St	Quail Court Pierce +Imperial Ave	Egan & Harrison Ave	Egan and Adams	Courthouse A & BuenaVista (South side)	Safeway Madison + Buena Vista (South Side)	Arrowhead Park East A & Broadway Ave	Paiute Upper	Paiute Lower	Triangle Park	Washington Park N.Birch Ave	H Hub 17 S Alder AVE
A	7:30	7:32	7:34	7:36	7:38	7:39	7:40	7:42	7:44	7:46	7:48	7:50	7:53	----	----	7:55	7:57	8:00
A&S	8:30	8:32	8:34	8:36	8:38	8:39	8:40	8:42	8:44	8:46	8:48	8:50	8:53	----	----	8:55	8:57	9:00
A&S	9:28	9:30	9:34	9:36	9:38	9:39	9:40	9:42	9:44	9:46	9:48	9:50	9:53	----	----	9:55	9:57	10:00
A	10:36	10:38	10:40	10:41	10:43	10:44	10:45	10:47	10:49	10:51	10:53	10:55	10:57	----	----	10:59	11:02	11:05
S	10:55	10:57	11:00	11:03	11:07	11:10	11:12	11:14	11:16	11:18	11:20	11:22	11:25	----	----	11:26	11:28	11:30
A	11:27	11:29	11:33	11:36	11:38	11:39	11:40	11:42	11:45	11:47	11:50	11:52	11:54	----	----	11:56	11:58	12:00
S	13:00	13:02	13:04	13:06	13:08	13:10	13:12	13:14	13:16	13:18	13:20	13:22	13:24	----	----	13:26	13:28	13:30
A	12:28	12:30	12:34	12:36	12:38	12:39	12:40	12:42	12:45	12:47	12:50	12:52	12:54	----	----	12:56	12:58	13:00
A	13:30	13:32	13:34	13:36	13:38	13:39	13:40	13:42	13:45	13:47	13:50	13:52	13:54	----	----	13:56	13:58	14:00
S	14:00	14:04	14:08	14:12	14:16	14:20	14:24	14:27	14:31	14:35	14:39	14:42	14:46	----	----	14:50	14:55	15:00
A	14:30	14:32	14:34	14:36	14:38	14:39	14:40	14:42	14:45	14:47	14:50	14:52	14:54	----	----	14:56	14:58	15:00
S	15:40	15:41	15:42	15:43	15:44	15:45	15:46	15:47	15:48	15:49	15:50	15:52	15:54	----	----	15:56	15:58	16:00
S	16:35	16:37	16:39	16:41	16:43	16:44	16:45	16:47	16:49	16:50	16:52	16:53	16:55	----	----	16:57	16:58	17:00
A	15:42	15:44	15:46	15:49	15:51	15:52	15:53	15:54	15:56	15:58	16:00	16:02	16:04	16:09	16:15	16:20	16:24	16:28
A	17:10	17:13	17:16	17:20	17:22	17:23	17:24	17:26	17:28	17:30	17:32	17:34	17:36	17:42	17:48	17:54	17:56	18:00
A	18:37	18:39	18:41	18:42	18:44	18:45	18:46	18:48	18:50	18:52	18:54	18:55	18:57	----	----	18:58	18:59	19:00

This information is available in alternate format. Please dial 541-573-3030 to discuss your needs. To access alternative telecommunication call Oregon telecommunication relay service #711

**Harney Hub and Harney Hub Transit reaffirms its policy of equal opportunity regardless of race, color, creed, religion, national origin, sex, sexual orientation, age, marital status, disability, or status as a protected veteran in accordance with organization policy and applicable federal and state statutes and regulations. Harney Hub is committed to providing access and reasonable accommodation in its services, programs, activities and employment for individuals with disabilities. To request disability accommodation contact the organization at: 17 S Alder Ave / PO Box 728 Burns, 541-573-3030, lisa@harneyhub.org.

Fixed Route for Bend/Redmond

May 2025
Thursday, 8th
Tuesday, 13th
Thursday, 22nd
Tuesday, 27th

June 2025
Thursday, 5th
Tuesday, 10th
Thursday, 19th
Tuesday, 24th

July 2025
Thursday, 3rd
Tuesday, 8th
Thursday, 17th
Tuesday, 22nd
Thursday. 31st

*Days may be changed due to scheduling conflicts, staff shortages, holidays, etc.

Harney Hub Transit currently has a fixed route to Bend/Redmond free of charge. Rides must still be scheduled with the office in advance of your trip.

Departure from the Senior Center is 6:30am.

Appointments in Bend must be scheduled no earlier than 10:00a.m. and no later than 2:00p.m. Departure from Bend at 3pm.

Call for additional details, 541-573-3030.

***Times may vary due to weather conditions!**

VETERANS, if you need a medical ride out of the community, please schedule as far in advance as possible so we are able to accommodate your trip.

To access alternative telecommunication, call Oregon telecommunication relay service: #711

HARNEY HUB TRANSIT
541.573.3030

Harney Hub Transit
17 South Alder Burns
541-573-3030

MEDICAID RIDE SCHEDULING

Due to regulations from the State of Oregon, all medical transportation for Medicaid recipients must be scheduled through a regional broker. Mid Columbia Council of Governments Transportation Network is the agency contracted to operate this transportation program in our area.

Our Harney Hub Transit dispatcher receives notice daily for rides to be scheduled. Any medical ride requiring same day service will be called in to our dispatch center by the brokerage.

This applies to medical rides only, you may still schedule other rides through our center yourself. If you have any questions or concerns regarding this program, please contact your case manager or caregiver.

GOHBI Transportation Network:

1-877-875-4657

(Burns and Hines Area Rides)

This applies to medical rides only.

Public Transportation in Harney County

Harney Hub Transit is a countywide service which prioritizes demand responsive trips within a 10 mile radius of Burns/Hines and provides occasional charter service to events and activities in Harney County.

Monday—Friday

7:00 a.m.—7:00 P.M.

Deviated fixed route only after 5:00 P.M.

Saturday

8:00 a.m.—5:00 p.m.

Deviated fixed route only. Closed 12:00-1:00 P.M.

Sunday

8:00am-3:00P.M.

Last pickup is 2:45

To facilitate scheduling, please call as soon as you know you will need a ride.

A week or more in advance is not too soon to schedule your ride.

When scheduling your rides, please tell the dispatcher the exact number of stops and number of riders,

$1.00 per stop

A ticket card of 25 rides can be purchased for $20 from drivers or dispatch.

Serving our community
since 1973

NON-PROFIT ORG.
U.S. POSTAGE PAID
BURNS, OREGON
PERMIT #52

PO Box 728
Burns OR 97720
Phone: 541-573-6024
Fax: 541-573-6025
E-mail: office@harneyhub.org

https://
harneyhub.org

It is the policy of Harney Hub not to discriminate against anyone because of age, race, religion, color, handicap, sex, physical condition, developmental disability, sexual orientation or national origin.

Highlights at a Glance

Senior Meals
Tuesdays & Thursdays
11:30am-1pm

Salads Available Every Tuesday!!

Homemade Soup & Rolls Available Every Thursday!!

Mother's Day Lunch
May 8th

Father's Day Lunch
June 12th

Tai Chi:
Tuesdays & Thursdays
9:30am

Introduction to Tai Chi:
Tuesday & Thursday
1030am– 11:15am

Food Bank Hours:
Wednesdays:
10am-1pm

Fresh Alliance
Monday & Thursday
10-10:30am

Bingo:
Thursdays 2:30pm

Miracle Ear:
Wednesdays,
Call 541-330-5503

Veterans Assistance
Call Brian for an appointment at
541-573-1342

Medicare help:
Tuesday 10am-12pm

CLOSED

May 26th– Memorial Day

June 19– Juneteenth

Thank you to Stefan Smallwood for his generous donation of a gold coin, supporting our community during this difficult time of flooding and your challenge to others to match your generosity. We appreciate your support of our community.